



Upper Coopers Creek Public School

Respect, Understanding and Responsibility

**Thursday 13th February
2020**

Upper Coopers Creek Road
Upper Coopers Creek NSW 2480
Phone: (02) 6688 2128
Fax: (02) 6688 2150

Email: coopscrk-p.school@det.nsw.edu.au
Web: www.coopscrk-p.schools.nsw.edu.au

Term 1 Week 3

"We wish to recognise the generations of the local Aboriginal people of the Bundjalung Nation who have lived in and derived their physical and spiritual needs from the forests, rivers, lakes and streams of this beautiful valley over many thousands of years as the traditional owners and custodians of these lands."

Dear Families and Friends,

Rain, rain, rain. It's hard to believe that only a couple of months ago we were evacuating because of the fire threat. I hope you are all managing to stay dry!

P&C: Thanks to everyone who made it along to the P&C AGM yesterday. Congratulations to our new committee – President: Kristyna, Vice President: Carol, Secretary: Nadine and Treasurer: Steph.

Chinese New Year: We had a lovely time celebrating Lunar New Year last Friday and sharing a feast of dumplings, noodles and rice paper rolls (all made by the students!). Before the meal we said traditional Chinese blessings for the year and the students opened their red envelopes that are intended to bring luck and good fortune to the year ahead.



Nude Food – waste free lunchboxes: At Upper Coopers we are trying hard to reduce our waste and our negative impact on the environment and so we are encouraging all our students to take part in the nude food challenge. Nude food is food without excess packaging. The best thing about nude food is that it tends to be mainly fresh food, so it is healthy and nutritious PLUS environmentally friendly.

MEMBER OF THE FIRST NORTH LEARNING COMMUNITY

In the classroom: This week the K-2 students have been learning about families and how everyone's family is different. If possible, could all K-2 students please bring in or email a photo of their family to share? In PDHPE all students have been discussed how taking on challenges and making mistakes can help our brains to grow. In CAPA the children have been making Chinese New Year inspired artworks and learning Chinese songs. **Senior class:** In Science we have been looking at how we measure and describe the intensity of earthquakes and in History we have investigated the federation of Australia. In Maths we have been looking at 24 hour time while in English all the senior students have begun planning a persuasive letter about an issue that matters to them. We will be sending these letters out into the world so it would be great if over the weekend parents could discuss with their children the issues that they think are important.

"Acting Up"

Drama Classes Dorroughby Hall

Beginning Mondays 2020
February 10th - March 23rd
Term 1 weeks 3-9

Primary Students	[Years 4-6] 4-5pm
Secondary Students	[Years 7-9] 5-6pm

Cathy McEwen has been involved with Creative Arts for over thirty years. Drama classes will allow creative play and thinking skills, improvisation, skits and scenarios, solo and group work building confidence while having a lot of fun and games.

Enquiries: Cathy McEwen
Phone: 0404386701

Recipe from 'Live Life Well':

Bread Roll Sushi

Ingredients: vegetable sticks, chicken/ flaked tuna, bread rolls

Method: Hollow out bread rolls from one side to the other using the end of a fork or spoon. Place vegetable sticks in the tunnel you have formed through the bread roll. Stuffed the remaining hollowed out space with chicken / tuna. Cut into 2-3 pieces.

Federal Hall Sat March 14

THE FAREWELL

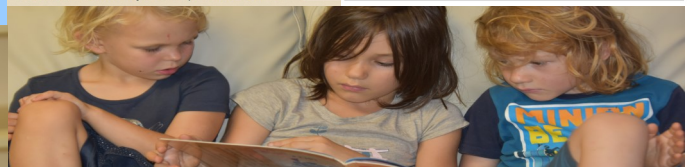
Dinner from 6.30pm Film starts 8.00pm
federalfilmsociety.com ph 66849313

Federal Kids Film Club presents

PETER RABBIT

Sat 14th March 3.50pm Federal Hall

federalfilmsociety.com ph. 6684 9313



INFORMATION NIGHTS
For prospective students Year 7 2021
A GREAT WORLD OF OPPORTUNITIES AT THE RIVERS

*By sending your child to a campus of the Rivers Secondary College
You have chosen to provide them with the very best available secondary education.*

The Rivers Secondary College provides excellence in education by providing quality, innovative curriculum and student leadership opportunities, inspired teaching and learning as well as successful transition programs into workplace and tertiary education settings. Each campus works collaboratively with our local Lismore community to deliver a wide and inclusive educational experience and provide all students the opportunity to achieve the highest quality learning outcomes in a safe and supportive environment.

Kadina High Campus
INFORMATION NIGHT
Wednesday 4th March
5:00pm-6:00pm
Kadina St, Goonellabah
Phone: 02 6624 3133

Richmond River High Campus
INFORMATION NIGHT
Thursday 5th March
5:00pm-6:30pm
Lake St, North Lismore
Phone: 02 6621 3456

Lismore High Campus
INFORMATION NIGHT
Tuesday 3rd March
5:00pm-6:00pm
Dalley St, East Lismore
Phone: 02 6621 5185

Jen, Nicky, Jasmine, Sue and Shane

Dates To Remember

Thurs	Feb 13th	Anniversary of the apology to the Stolen Generation
Mon	Feb 17th	Soccer skills workshops begin
Thurs	March 5th	Big vegie crunch
Fri	March 13th	National Ride2School Day
Fri	March 20th	National Day of Action Against Bullying and Violence
Thurs	April 9th	Last Day of Term 1

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